**Supplemental Table 1- Exposures to avoid prior to testing for catecholamines and metanephrines.**

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| Foods | Pharmacologic Agents |
| * Caffeinated beverages (including energy drinks)
* Alcohol
* Avocados
* Bananas
* Chocolate
* Cheese
* Nuts
* Tobacco products
 | * Tricyclic Antidepressants
* Monoamine Oxidase Inhibitors
* Local or Inhaled Anesthetics
* Cocaine
* Antihistamines (H1 & H2 blockers)
* Acetaminophen
* or adrenergic blockers
* Stimulants
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