**Supplemental Table 1- Exposures to avoid prior to testing for catecholamines and metanephrines.**

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| --- | --- |
| Foods | Pharmacologic Agents |
| * Caffeinated beverages (including energy drinks) * Alcohol * Avocados * Bananas * Chocolate * Cheese * Nuts * Tobacco products | * Tricyclic Antidepressants * Monoamine Oxidase Inhibitors * Local or Inhaled Anesthetics * Cocaine * Antihistamines (H1 & H2 blockers) * Acetaminophen * or adrenergic blockers * Stimulants |