

Supplemental Table 1: Sensitivity Analysis excluding smoking from Index: Age and Sex Standardized Incident Colorectal Cancer Rates and Hazard Ratio and 95% Confidence Interval of Incident Colorectal Cancer According to a Protective Lifestyle Factor Index in Chinese Men and Women

Protective Lifestyle Factor Index Score	<u>0 / 1 / 2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7 / 8</u>	
N	1,135	4,463	13,777	19,026	9,265	2,800	
	<u>Colorectal Cancer</u>						
N Cases	43	98	293	356	146	33	
*Standardized rate	355	201	187	162	135	100	<i>P Trend</i>
HR (95% CI)	1.00	0.60 (0.42-0.86)	0.59 (0.43-0.81)	0.55 (0.40-0.75)	0.48 (0.34-0.68)	0.40 (0.26-0.64)	<0.0001
	<u>Colon Cancer</u>						
N Cases	33	70	176	220	78	13	
*Standardized rate	272	144	112	100	72	39	<i>P Trend</i>
HR (95% CI)	1.00	0.52 (0.34-0.78)	0.42 (0.29-0.61)	0.40 (0.27-0.58)	0.31 (0.21-0.47)	0.20 (0.10-0.38)	<0.0001
	<u>Rectal Cancer</u>						
N Cases	10	28	117	136	68	20	
*Standardized rate	83	57	75	62	63	61	<i>P Trend</i>
HR (95% CI)	1.00	0.82 (0.40-1.69)	1.16 (0.60-2.22)	1.05 (0.55-2.00)	1.09 (0.56-2.13)	1.12 (0.52-2.41)	0.55

*Standardized rate=Age and sex standardized incident cancer rate per 100,000 person years using person year time, age & sex distributions of SCHS

HR (95% CI) = Hazard Ratio; 95 % confidence interval: Model adjusted for age, sex, year of enrollment, dialect, education, diabetes status, familial history of colorectal cancer and energy intake, smoking status